

HOLY SABBATH HOURS FOR VISTA, CA 92084

JANUARY 2019 (1st Quarter) “The Book of Revelation”

Preparation Day (Luke 23:54)	SABBATH (Exodus 31:13)	Week No.
04 Sunset: 4:54 PM	05 Sunset: 4:55 PM (Quarter Begins)	01
11 Sunset: 5:00 PM	12 Sunset: 5:01 PM (Communion)	02
18 Sunset: 5:06 PM	19 Sunset: 5:07 PM	03
25 Sunset: 5:13 PM	26 Sunset: 5:14 PM	04

FEBRUARY 2019

Preparation Day (Luke 23:54)	SABBATH (Exodus 31:13)	Week No.
01 Sunset: 5:20 PM	02 Sunset: 5:21 PM	05
08 Sunset: 5:26 PM	09 Sunset: 5:27 PM	06
15 Sunset: 5:33 PM	16 Sunset: 5:34 PM	07
22 Sunset: 5:39 PM	23 Sunset: 5:40 PM	08

MARCH 2019

Preparation Day (Luke 23:54)	SABBATH (Exodus 31:13)	Week No.
01 Sunset: 5:45 PM	02 Sunset: 5:46 PM	09
08 Sunset: 6:51 PM	09 Sunset: 6:51 PM	10
15 Sunset: 6:56 PM	16 Sunset: 6:57 PM	11
22 Sunset: 7:01 PM	23 Sunset: 7:02 PM	12
29 Sunset: 7:06 PM	30 Sunset: 7:07 PM (13 th Sabbath)	13

APRIL 2019 (2nd Quarter) “The Family/Sanctity of Marriage”

Preparation Day (Luke 23:54)	SABBATH (Exodus 31:13)	Week No.
05 Sunset: 7:11 PM	06 Sunset: 7:12 PM (Quarter Begins)	14
12 Sunset: 7:16 PM	13 Sunset: 7:17 PM (Communion)	15
19 Sunset: 7:22 PM	20 Sunset: 7:22 PM	16
26 Sunset: 7:27 PM	27 Sunset: 7:27 PM	17

MAY 2019

Preparation Day (Luke 23:54)	SABBATH (Exodus 31:13)	Week No.
03 Sunset: 7:32 PM	04 Sunset: 7:33 PM	18
10 Sunset: 7:37 PM	11 Sunset: 7:38 PM	19
17 Sunset: 7:42 PM	18 Sunset: 7:43 PM	20
24 Sunset: 7:47 PM	25 Sunset: 7:48 PM	21

JUNE 2019

Preparation Day (Luke 23:54)	SABBATH (Exodus 31:13)	Week No.
31 Sunset: 7:52 PM	01 Sunset: 7:52 PM	22
07 Sunset: 7:56 PM	08 Sunset: 7:56 PM	23
14 Sunset: 7:59 PM	15 Sunset: 7:59 PM	24
21 Sunset: 8:01 PM	22 Sunset: 8:01 PM	25
28 Sunset: 8:02 PM	29 Sunset: 8:02 PM (13 th Sabbath)	26

JULY 2019 (3rd Quarter) “Ministering to Those in Need”

Preparation Day (Luke 23:54)	SABBATH (Exodus 31:13)	Week No.
05 Sunset: 8:02 PM	06 Sunset: 8:02 PM (Quarter Begins)	27
12 Sunset: 8:00 PM	13 Sunset: 8:00 PM (Communion)	28
19 Sunset: 7:58 PM	20 Sunset: 7:57 PM	29
26 Sunset: 7:54 PM	27 Sunset: 7:53 PM	30

AUGUST 2019

Preparation Day (Luke 23:54)	SABBATH (Exodus 31:13)	Week No.
02 Sunset: 7:48 PM	03 Sunset: 7:47 PM	31
09 Sunset: 7:42 PM	10 Sunset: 7:41 PM	32
16 Sunset: 7:35 PM	17 Sunset: 7:34 PM	33
23 Sunset: 7:27 PM	24 Sunset: 7:26 PM	34
30 Sunset: 7:18 PM	31 Sunset: 7:17 PM	35

SEPTEMBER 2019

Preparation Day (Luke 23:54)	SABBATH (Exodus 31:13)	Week No.
06 Sunset: 7:09 PM	07 Sunset: 7:08 PM	36
13 Sunset: 7:00 PM	14 Sunset: 6:58 PM	37
20 Sunset: 6:50 PM	21 Sunset: 6:49 PM	38
27 Sunset: 6:40 PM	28 Sunset: 6:39 PM (13 th Sabbath)	39

OCTOBER 2019 (4th Quarter) “Ezra/Nehemiah”

Preparation Day (Luke 23:54)	SABBATH (Exodus 31:13)	Week No.
04 Sunset: 6:31 PM	05 Sunset: 6:30 PM (Quarter Begins)	40
11 Sunset: 6:22 PM	12 Sunset: 6:21 PM (Communion)	41
18 Sunset: 6:13 PM	19 Sunset: 6:12 PM	42
25 Sunset: 6:05 PM	26 Sunset: 6:04 PM	43

NOVEMBER 2019

Preparation Day (Luke 23:54)	SABBATH (Exodus 31:13)	Week No.
01 Sunset: 5:58 PM	02 Sunset: 5:57 PM	44
08 Sunset: 4:52 PM	09 Sunset: 4:52 PM	45
15 Sunset: 4:48 PM	16 Sunset: 4:47 PM	46
22 Sunset: 4:44 PM	23 Sunset: 4:44 PM	47
29 Sunset: 4:42 PM	30 Sunset: 4:42 PM	48

DECEMBER 2019

Preparation Day (Luke 23:54)	SABBATH (Exodus 31:13)	Week No.
06 Sunset: 4:41 PM	07 Sunset: 4:41 PM	49
13 Sunset: 4:42 PM	14 Sunset: 4:43 PM	50
20 Sunset: 4:45 PM	21 Sunset: 4:45 PM	51
27 Sunset: 4:48 PM	28 Sunset: 4:49 PM (13 th Sabbath)	52

http://www.sunrisesunset.com/calendar.asp?comb_city_info=Vista%2C%20CA%20%20%2092084;117.2336;33.20512;-8;1&time_type=2&back=&month=12&year=2019

HOLY **SABBATH** HOURS FOR VISTA, CA 92084

JANUARY 2020 (1st Quarter) “Daniel”

Preparation Day (Luke 23:54)	SABBATH (Exodus 31:13)	Week No.
03 Sunset: 4:53 PM	04 Sunset: 4:54 PM (Quarter Begins)	01
10 Sunset: 4:59 PM	11 Sunset: 5:00 PM (Communion)	02
17 Sunset: 5:05 PM	18 Sunset: 5:06 PM	03
24 Sunset: 5:12 PM	25 Sunset: 5:13 PM	04

FEBRUARY 2020

Preparation Day (Luke 23:54)	SABBATH (Exodus 31:13)	Week No.
31 Sunset: 5:19 PM	01 Sunset: 5:20 PM	05
07 Sunset: 5:25 PM	08 Sunset: 5:26 PM	06
14 Sunset: 5:32 PM	15 Sunset: 5:33 PM	07
22 Sunset: 5:38 PM	22 Sunset: 5:39 PM	08
28 Sunset: 5:44 PM	29 Sunset: 5:45 PM	09

MARCH 2020

Preparation Day (Luke 23:54)	SABBATH (Exodus 31:13)	Week No.
06 Sunset: 6:50 PM	07 Sunset: 6:50 PM	10
13 Sunset: 6:55 PM	14 Sunset: 6:56 PM	11
21 Sunset: 7:00 PM	21 Sunset: 7:01 PM	12
27 Sunset: 7:05 PM	28 Sunset: 7:06 PM (13 th Sabbath)	13

APRIL 2020 (2nd Quarter) “How to Interpret Scripture”

Preparation Day (Luke 23:54)	SABBATH (Exodus 31:13)	Week No.
03 Sunset: 7:10 PM	04 Sunset: 7:11 PM (Quarter Begins)	14
10 Sunset: 7:15 PM	11 Sunset: 7:16 PM (Communion)	15
17 Sunset: 7:21 PM	18 Sunset: 7:21 PM	16
24 Sunset: 7:26 PM	25 Sunset: 7:27 PM	17

MAY 2020

Preparation Day (Luke 23:54)	SABBATH (Exodus 31:13)	Week No.
01 Sunset: 7:31 PM	02 Sunset: 7:32 PM	18
08 Sunset: 7:37 PM	09 Sunset: 7:38 PM	19
15 Sunset: 7:41 PM	16 Sunset: 7:42 PM	20
22 Sunset: 7:46 PM	23 Sunset: 7:47 PM	21
29 Sunset: 7:51 PM	30 Sunset: 7:52 PM	22

JUNE 2020

Preparation Day (Luke 23:54)	SABBATH (Exodus 31:13)	Week No.
05 Sunset: 7:55 PM	06 Sunset: 7:56 PM	23
12 Sunset: 7:58 PM	13 Sunset: 7:59 PM	24
19 Sunset: 8:01 PM	20 Sunset: 8:01 PM	25
26 Sunset: 8:02 PM	27 Sunset: 8:02 PM (13 th Sabbath)	26

JULY 2020 (3rd Quarter)

“Gifts of Ministry & Mission/Total Member Involvement (T.M.I)”

Preparation Day (Luke 23:54)	SABBATH (Exodus 31:13)	Week No.
03 Sunset: 8:02 PM	04 Sunset: 8:02 PM (Quarter Begins)	27
10 Sunset: 8:01 PM	11 Sunset: 8:00 PM (Communion)	28
17 Sunset: 7:58 PM	18 Sunset: 7:58 PM	29
24 Sunset: 7:54 PM	25 Sunset: 7:54 PM	30

AUGUST 2020

Preparation Day (Luke 23:54)	SABBATH (Exodus 31:13)	Week No.
31 Sunset: 7:49 PM	01 Sunset: 7:49 PM	31
07 Sunset: 7:43 PM	08 Sunset: 7:42 PM	32
14 Sunset: 7:36 PM	15 Sunset: 7:35 PM	33
21 Sunset: 7:28 PM	22 Sunset: 7:27 PM	34
28 Sunset: 7:20 PM	29 Sunset: 7:18 PM	35

SEPTEMBER 2020

Preparation Day (Luke 23:54)	SABBATH (Exodus 31:13)	Week No.
04 Sunset: 7:11 PM	05 Sunset: 7:09 PM	36
11 Sunset: 7:01 PM	12 Sunset: 7:00 PM	37
18 Sunset: 6:52 PM	19 Sunset: 6:50 PM	38
25 Sunset: 6:42 PM	26 Sunset: 6:41 PM (13 th Sabbath)	39

OCTOBER 2020 (4th Quarter) “Education”

Preparation Day (Luke 23:54)	SABBATH (Exodus 31:13)	Week No.
02 Sunset: 6:33 PM	03 Sunset: 6:31 PM (Quarter Begins)	40
07 Sunset: 6:23 PM	08 Sunset: 6:22 PM (Communion)	41
16 Sunset: 6:15 PM	17 Sunset: 6:14 PM	42
23 Sunset: 6:07 PM	24 Sunset: 6:06 PM	43
23 Sunset: 6:00 PM	31 Sunset: 5:59 PM	44

NOVEMBER 2020

Preparation Day (Luke 23:54)	SABBATH (Exodus 31:13)	Week No.
06 Sunset: 4:53 PM	07 Sunset: 4:53 PM	45
13 Sunset: 4:48 PM	14 Sunset: 4:48 PM	46
20 Sunset: 4:45 PM	21 Sunset: 4:44 PM	47
27 Sunset: 4:42 PM	28 Sunset: 4:42 PM	48

DECEMBER 2020

Preparation Day (Luke 23:54)	SABBATH (Exodus 31:13)	Week No.
04 Sunset: 4:41 PM	05 Sunset: 4:41 PM	49
11 Sunset: 4:42 PM	12 Sunset: 4:42 PM	50
18 Sunset: 4:44 PM	19 Sunset: 4:45 PM	51
25 Sunset: 4:48 PM	26 Sunset: 4:48 PM (13 th Sabbath)	52